



Walton High School

Student/Parent Brag Sheet for Counselors

Brag sheets are a way for you to help your school counselor write a letter of recommendation on your behalf. Your answers give your counselor more insight into who you are outside of school and your interests. Keep in mind that the details you share will most likely be used in your letter of recommendation. The examples you provide will help your letter be more effective.

Students and parents, please have this brag sheet completed and emailed to your school counselor by May 1, 2024

Student's Full Name:

Student's Cell Phone:

Student's Personal
Email Address:

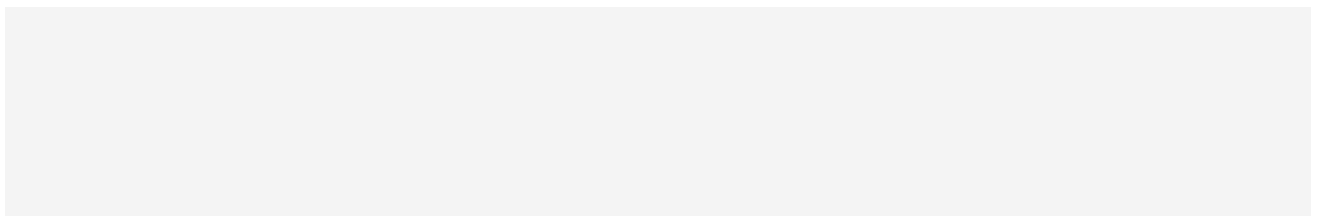
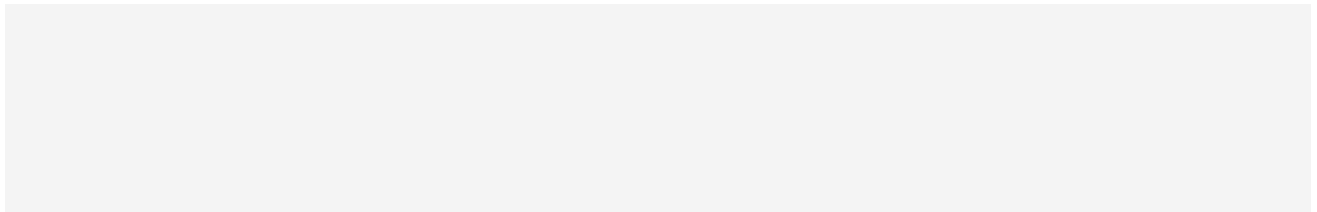
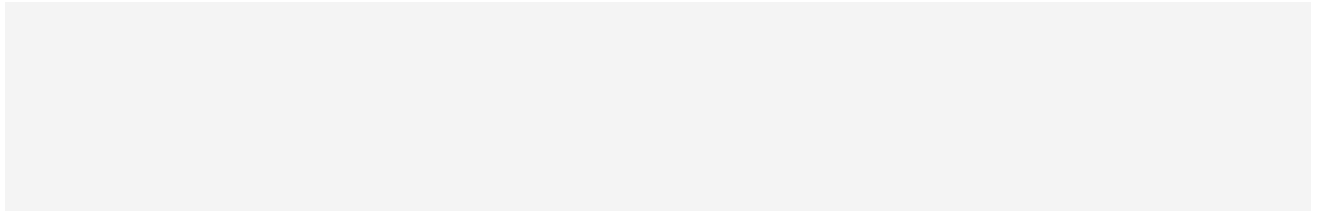
Parent's Full Name:

Parent's Cell Phone:

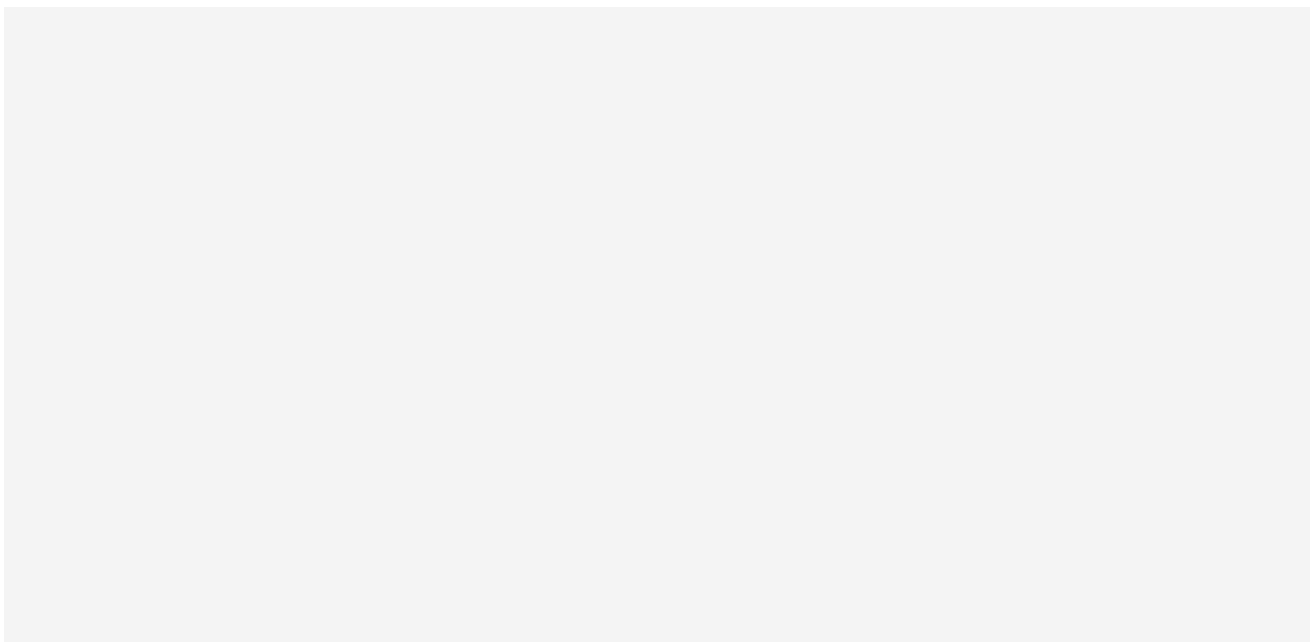
Parent's Personal
Email Address:

Student Brag Sheet

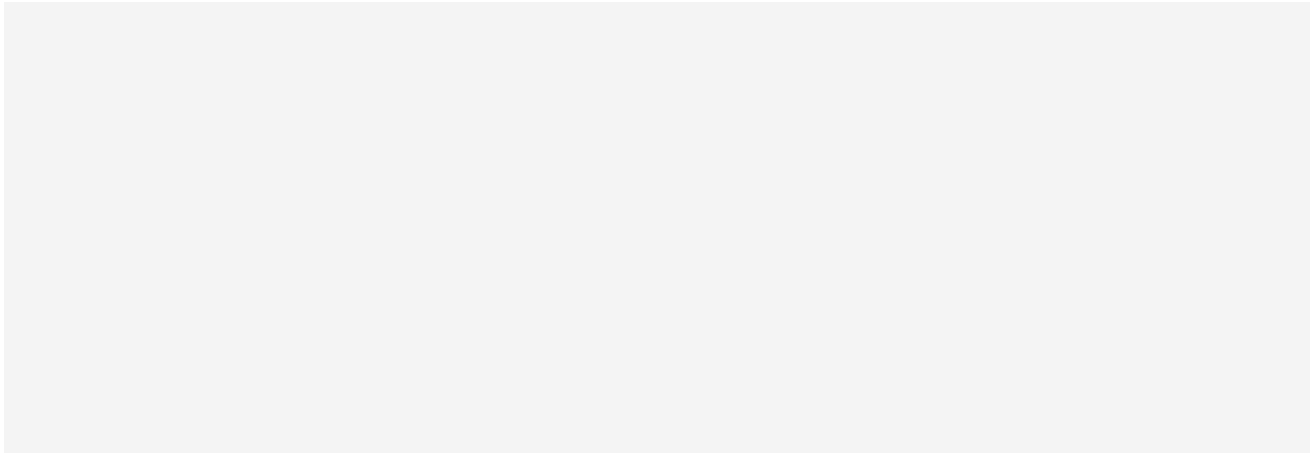
List three adjectives that describe you. Provide examples to highlight these qualities.



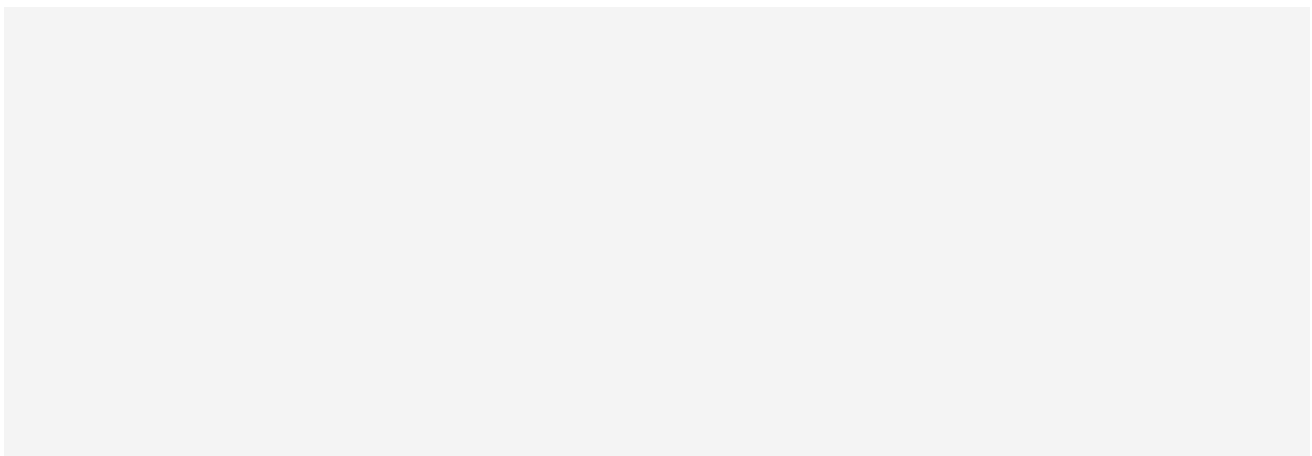
Life is full of lessons. Describe one life lesson you learned while in high school. How has this lesson influenced the person you are today?



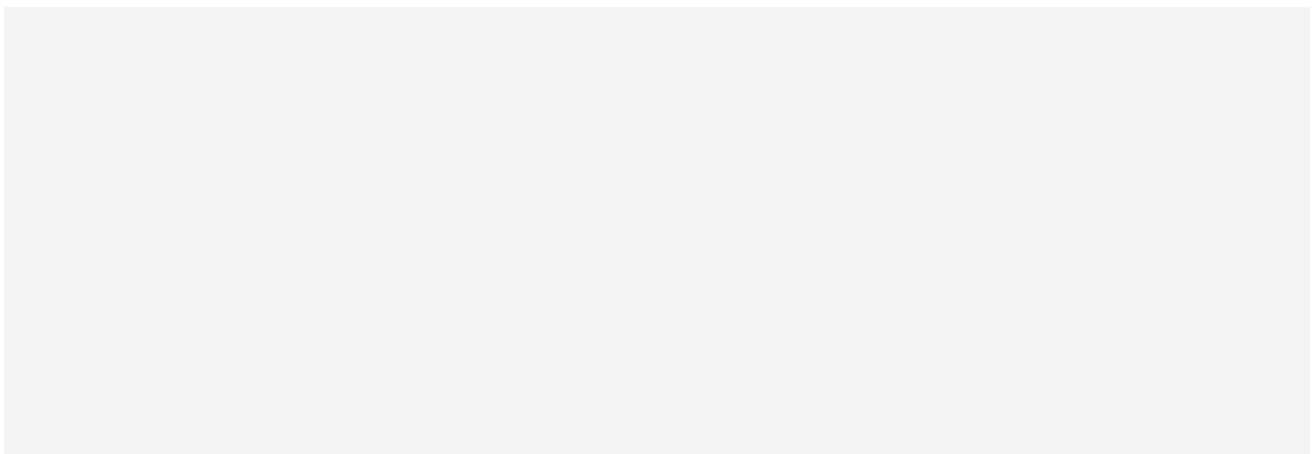
Discuss a meaningful activity you participated in at WHS. Why did you select this activity? Did it teach you anything about yourself?



Discuss a leadership role you held in high school. It could be through a part-time job, club officer, volunteer work, etc... What were your responsibilities and what did you learn about leadership?

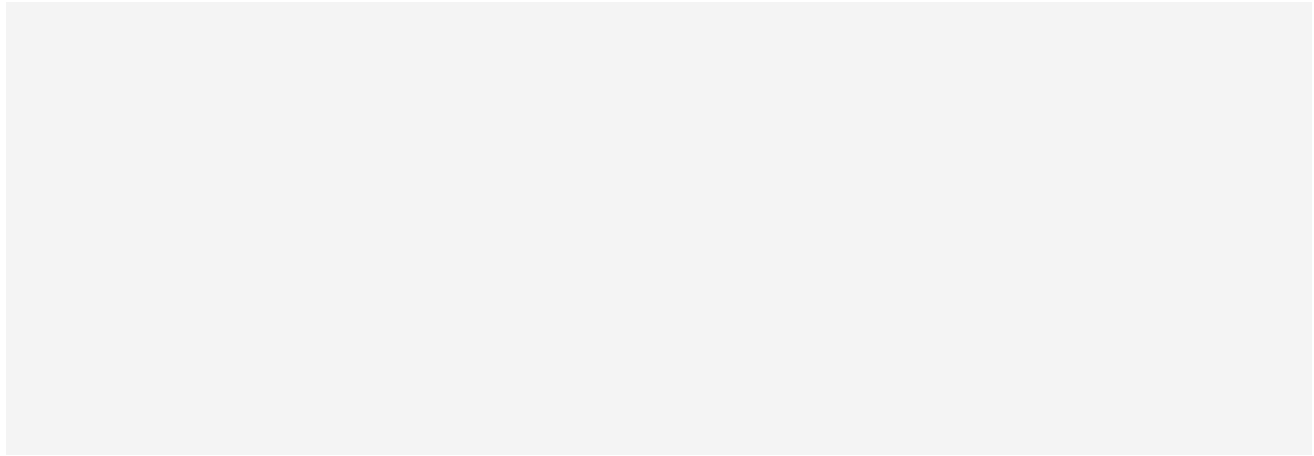


Discuss an honor/award that you received during your high school career that you are proud of. Please explain why this honor/award is important to you.

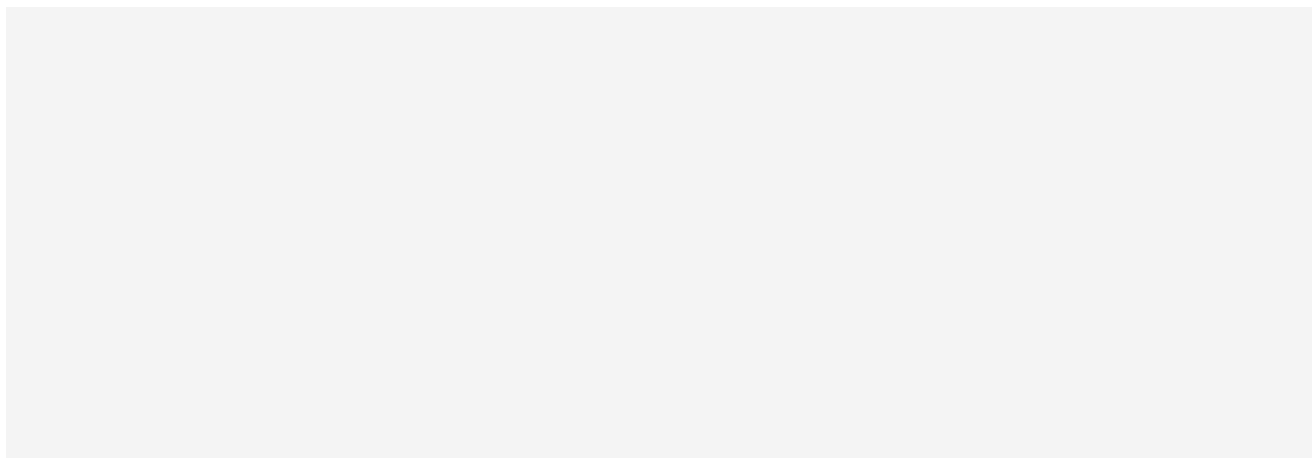


What activities did you participate in outside of school? Pick one that has left a lasting impression on you and explain why.

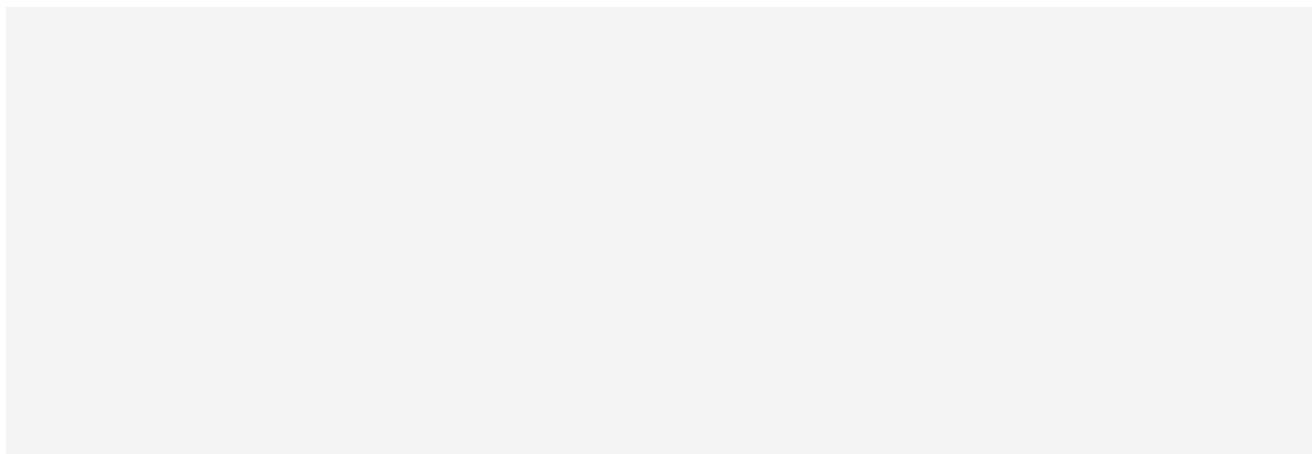
Consider things like clubs, sports, work, community service, hobbies, and family responsibilities.



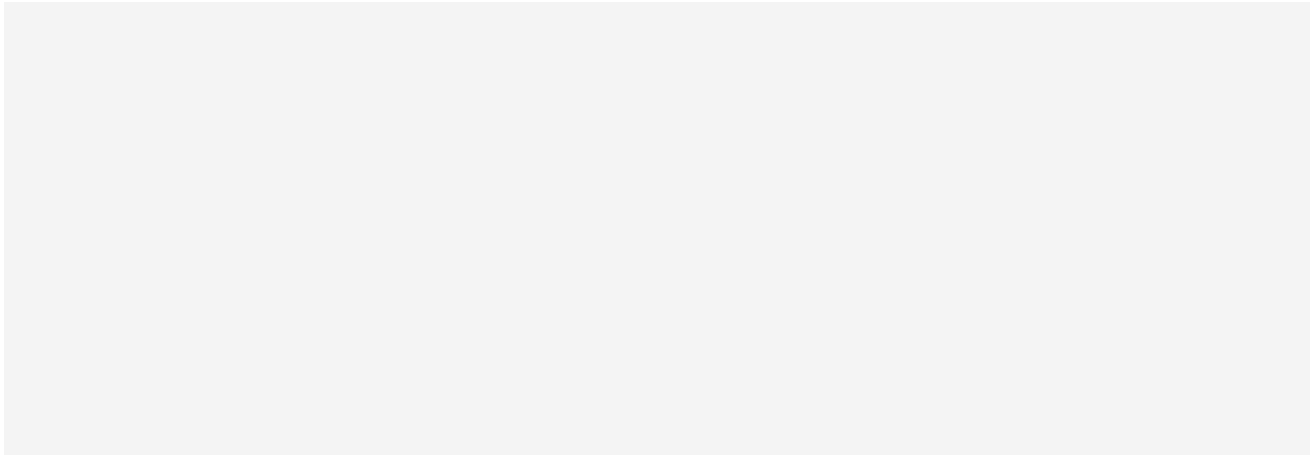
A role model is someone others look to as a good example. Who is your role model and why did you choose that person?



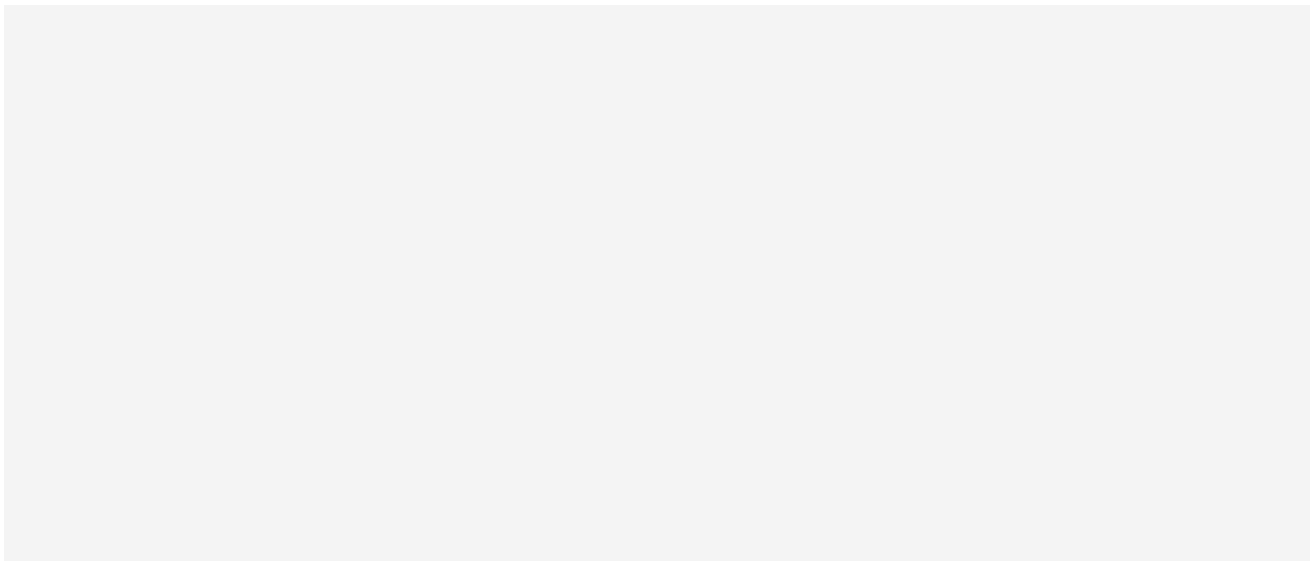
What is your favorite quote? What is it about this quote that resonates with you?



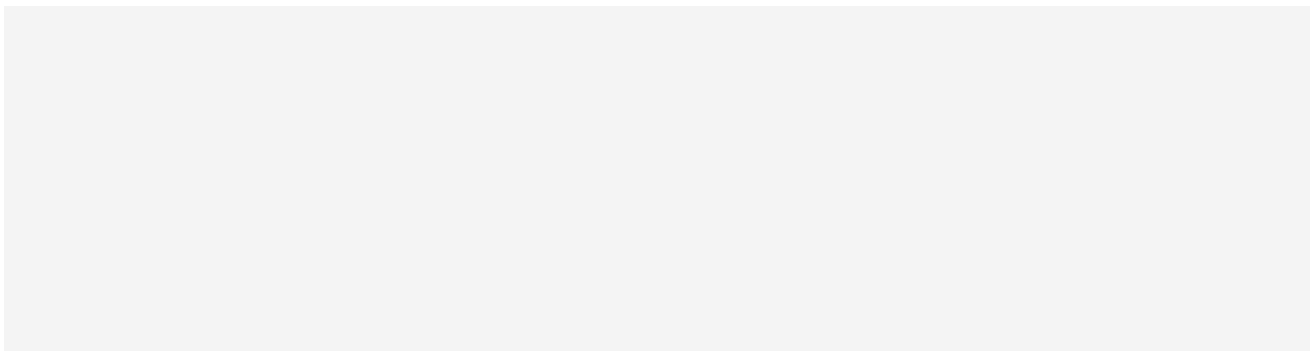
Looking back at your personal growth since freshman year, what are you most proud of and why?



**Describe your academic strengths:
Do you believe your academic record is an accurate reflection of your ability? If not, please explain why.**



What is something your counselor probably doesn't know about you?



Additional information:

Use this space to share any additional information with your counselor. Is there anything not already stated that you want to make sure they know before writing your letter of recommendation?

What are your plans after leaving Wall High School?

College Proposed Major:

Will you play a varsity sport in college? Yes No If yes, which sport

Are you the first in your family to attend college? Yes No

Technical School Trade/Major:

Military Branch:

Work Where? Doing What?

What careers are you considering?

Parent Brag Sheet

We feel it is important to have a parent's perspective to refer to when writing college recommendations. Parental input may bring up valuable qualities and perspectives that a student may not otherwise say or think about themselves. Most importantly, your child would love to know the positive ways you think about, feel about, and perceive them.

Parent's Full Name:

Student's Full Name:

What do you consider to be your child's outstanding accomplishments over the past three or four years? Why did you select those as most important?

In what areas has your child shown the most development and growth during the past three or four years?

**If you had to describe your son/daughter in five adjectives, what would they be?
Please provide examples for 2 or 3 of the adjectives you listed.**

Are there any unusual or personal circumstances that have affected your son or daughter's educational or personal experiences?

If your child plans to attend college, describe any family-related factors that may influence where he/she attends college. These may include finances, legacies, college location, or family expectations.

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Please provide any additional information you feel would be useful for your child's counselor to know when writing his/her letter of recommendation.

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